

Market Report for month ending Saturday March 31st, 2018.

*** New Report to be released monthly until weekly summer markets become active at the beginning of May***

Data from Vermont Farmers Markets are included in this report. All reported products are "local" to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

Vermont Monthly Winter Farmers Market Report

Produce & Protein Products

| Commodity <small>*All units per pound unless specified*</small> | Not Certified Organic | | | Certified Organic | | | Market Comments |
|--|-----------------------|----------|----------|-------------------|----------|----------|---|
| | Low | High | Average | Low | High | Average | |
| Beets | \$ 1.00 | \$ 1.50 | \$ 1.19 | \$ 1.00 | \$ 2.00 | \$ 1.65 | Seasonality: Availability is continuing to decrease. Weather Conditions: Unpredictable, mixed weather. Attendance: Average seasonal attendance. Vendor Comments: N/A |
| Blueberries (frozen pint) | \$ - | \$ - | \$ - | \$ 4.00 | \$ 4.00 | \$ 4.00 | |
| Cabbage - Savoy | \$ 1.50 | \$ 2.25 | \$ 1.84 | \$ 1.50 | \$ 2.00 | \$ 1.90 | |
| Carrots | \$ 1.75 | \$ 3.00 | \$ 2.07 | \$ 2.50 | \$ 3.00 | \$ 2.63 | |
| Celeriac | \$ 4.00 | \$ 4.00 | \$ 4.00 | \$ 2.50 | \$ 4.00 | \$ 3.40 | |
| Garlic | \$ 9.00 | \$ 12.00 | \$ 11.10 | \$ 12.00 | \$ 14.00 | \$ 13.00 | |
| Hot Peppers (dried) | \$ 0.25 | \$ 0.40 | \$ 0.33 | \$ - | \$ - | \$ - | |
| Kale (per bunch) | \$ 3.00 | \$ 4.00 | \$ 3.29 | \$ 3.00 | \$ 4.00 | \$ 3.50 | |
| Mixed Greens/Arugula | \$ 8.00 | \$ 12.00 | \$ 9.75 | \$ 10.00 | \$ 12.00 | \$ 11.20 | |
| Onions | \$ 1.50 | \$ 2.50 | \$ 2.06 | \$ 2.00 | \$ 2.50 | \$ 2.40 | |
| Parsnips | \$ 2.00 | \$ 3.50 | \$ 2.92 | \$ 2.00 | \$ 2.50 | \$ 2.86 | |
| Potatoes (fingerlings) | \$ 2.00 | \$ 3.00 | \$ 2.63 | \$ 3.00 | \$ 7.00 | \$ 5.00 | |
| Potatoes (all other varieties) | \$ 1.50 | \$ 2.00 | \$ 1.89 | \$ 2.25 | \$ 2.50 | \$ 2.45 | |
| Rutabaga | \$ 1.50 | \$ 2.50 | \$ 2.00 | \$ 2.50 | \$ 2.50 | \$ 2.50 | |
| Shallots | \$ 4.00 | \$ 6.00 | \$ 5.25 | \$ 5.00 | \$ 6.00 | \$ 5.67 | |
| Spinach | \$ 7.50 | \$ 12.00 | \$ 8.75 | \$ 7.00 | \$ 14.00 | \$ 10.50 | |
| Sweet Potatoes | \$ 2.00 | \$ 3.25 | \$ 2.56 | \$ 2.25 | \$ 3.00 | \$ 2.58 | |
| Turnip | \$ 1.50 | \$ 2.00 | \$ 2.00 | \$ 2.50 | \$ 2.50 | \$ 2.50 | |
| Winter Squash | \$ 1.25 | \$ 2.00 | \$ 1.82 | \$ 2.00 | \$ 3.00 | \$ 2.80 | |
| Proteins | | | | | | | |
| <small>*All units per pound unless specified*</small> | Low | | High | | Average | | |
| Lamb Chops | \$ 11.00 | \$ 18.00 | \$ 13.25 | | | | |
| Rack of Lamb | \$ 16.00 | \$ 18.00 | \$ 16.50 | | | | |
| Leg of Lamb | \$ 11.00 | \$ 13.00 | \$ 12.40 | | | | |
| Ground Lamb | \$ 11.00 | \$ 12.00 | \$ 11.67 | | | | |
| Ground Beef | \$ 6.00 | \$ 10.00 | \$ 7.50 | | | | |
| Ribeye | \$ 16.00 | \$ 20.00 | \$ 18.40 | | | | |
| Sirloin | \$ 12.00 | \$ 16.00 | \$ 14.80 | | | | |
| Round Roast | \$ 11.00 | \$ 12.00 | \$ 11.50 | | | | |
| Chuck Roast | \$ 9.00 | \$ 11.00 | \$ 10.20 | | | | |
| Strip Steak | \$ 16.00 | \$ 20.00 | \$ 18.80 | | | | |
| Skirt Steak | \$ 11.00 | \$ 16.00 | \$ 14.25 | | | | |
| Tenderloin | \$ 18.00 | \$ 24.00 | \$ 22.00 | | | | |
| Eggs (per dozen) | \$ 4.00 | \$ 6.00 | \$ 5.00 | | | | |
| Whole Chickens | \$ 5.00 | \$ 6.00 | \$ 5.40 | | | | |
| Ground Pork | \$ 8.00 | \$ 8.50 | \$ 8.25 | | | | |
| Pork Chops | \$ 6.00 | \$ 13.00 | \$ 10.33 | | | | |
| Pork Loin | \$ 7.00 | \$ 16.00 | \$ 11.08 | | | | |
| Pork Tenderloin | \$ 14.00 | \$ 14.00 | \$ 14.00 | | | | |
| Shoulder Roast | \$ 6.50 | \$ 11.00 | \$ 8.50 | | | | |
| Ham | \$ 8.00 | \$ 11.00 | \$ 9.40 | | | | |
| Baby Back Ribs | \$ 8.00 | \$ 8.00 | \$ 8.00 | | | | |
| Sausage | \$ 8.00 | \$ 11.00 | \$ 9.38 | | | | |
| Bacon | \$ 8.00 | \$ 13.00 | \$ 11.00 | | | | |
| Rabbit - whole | \$ 8.00 | \$ 11.00 | \$ 9.38 | | | | |
| Rabbit - parts/sausage | \$ 8.00 | \$ 13.00 | \$ 11.00 | | | | |



Source: VT Agency of Ag - USDA, New Holland-Lancaster County, PA
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http://www.ams.usda.gov/mnreports/mp_lo101.txt

