

# VT Weekly Farmers Market Report

Week of September 3rd, 2023

All reported products are local to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

# of Markets Reporting: 7

Seasonality/Weather: Hot, busy across VT

Other Comments: Big increase in SNAP again

Fruits & Vegetables									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Beans: Fresh	Pound	\$3.00	\$7.00	\$4.79	Beans: Fresh	Pound	\$5.00	\$8.00	\$5.83
Beets	Bunch	\$3.00	\$4.00	\$3.58	Beets	Bunch	\$3.00	\$4.00	\$3.50
Berries: Blackberries	Pint	\$5.00	\$5.00	\$5.00	Berries: Blueberries	Pint	\$6.00	\$6.00	\$6.00
Berries: Blueberries	Pint	\$5.00	\$6.00	\$5.50					
Broccoli	Pound	\$3.00	\$8.00	\$5.00					
Brussels Sprouts	Pound	\$2.50	\$2.50	\$2.50					
Cabbage	Each	\$3.00	\$6.00	\$4.80					
Carrots	Pound	\$2.50	\$6.00	\$4.25	Carrots	Pound	\$4.50	\$4.50	\$4.50
Carrots	Bunch	\$3.00	\$6.00	\$4.29	Carrots	Bunch	\$3.00	\$3.00	\$3.00
Cauliflower	Each	\$6.00	\$6.00	\$6.00					
Celery	Bunch	\$4.00	\$6.00	\$5.00					
Chard	Bunch	\$3.00	\$4.00	\$3.31	Chard	Bunch	\$3.00	\$3.25	\$3.13
Collard Greens	Bunch	\$4.00	\$4.00	\$4.00					
Corn	Each	\$0.75	\$1.25	\$1.00	Corn	Each	\$1.00	\$1.00	\$1.00
Cucumbers	Each	\$1.00	\$1.50	\$1.13	Cucumbers	Each	\$0.75	\$2.00	\$1.38
Cucumbers	Pound	\$2.50	\$3.00	\$2.83					
Cucumbers: Pickling	Pound	\$2.00	\$4.00	\$3.00					
Eggplant	Pound	\$3.00	\$10.00	\$4.71	Eggplant	Pound	\$3.50	\$5.00	\$4.17
Garlic	Each	\$1.00	\$3.00	\$1.67	Garlic	Each	\$2.00	\$3.00	\$2.58
Garlic	Pound	\$2.00	\$12.00	\$8.00					
Garlic: Scapes	Bunch	\$3.00	\$14.00	\$8.50	Garlic: Scapes	Bunch	\$3.00	\$3.00	\$3.00
Greens: Arugula	Pound	\$8.00	\$8.00	\$8.00					
Greens: Lettuce, baby leaf	Pound	\$8.00	\$15.00	\$11.60	Greens: Lettuce, baby leaf	Pound	\$10.60	\$14.60	\$12.40
Greens: Lettuce, head	Each	\$3.00	\$5.00	\$3.60	Greens: Lettuce, head	Each	\$3.00	\$3.25	\$3.08
Greens: Microgreens	Pound	\$4.00	\$12.00	\$8.00	Greens: Microgreens	Pound	\$48.00	\$48.00	\$48.00
Greens: Specialty/Mixed	Pound	\$8.00	\$10.00	\$9.00	Greens: Specialty/Mixed	Pound	\$14.60	\$14.60	\$14.60
Greens: Spinach	Pound	\$8.00	\$8.00	\$8.00					
Herbs	Bunch	\$2.00	\$8.00	\$3.50	Herbs	Bunch	\$2.00	\$4.00	\$3.10
Kale	Bunch	\$3.00	\$4.00	\$3.36	Kale	Bunch	\$3.00	\$4.50	\$3.69
Leeks	Bunch	\$3.00	\$4.00	\$3.50					
Melons	Each	\$5.00	\$5.00	\$5.00	Melons	Each	\$4.00	\$4.00	\$4.00
Melons	Pound	\$1.50	\$2.00	\$1.75	Melons	Pound	\$1.25	\$1.25	\$1.25
Melons: Watermelon	Each	\$5.00	\$5.00	\$5.00					
Melons: Watermelon	Pound	\$1.00	\$1.00	\$1.00	Melons: Watermelon	Pound	\$5.00	\$5.00	\$5.00
Onions	Bunch	\$3.00	\$3.00	\$3.00	Onions	Bunch	\$3.00	\$3.00	\$3.00
Onions	Pound	\$2.50	\$3.00	\$2.63	Onions	Pound	\$3.00	\$3.50	\$3.25
Peppers: hot	Pound	\$0.50	\$9.00	\$4.00					
Peppers: Sweet	Pound	\$1.50	\$8.00	\$4.19					
Potatoes: red, white, gold, russet	Pound	\$2.00	\$6.00	\$3.53	Potatoes: red, white, gold, russet	Pound	\$2.50	\$3.00	\$2.75
Pumpkins	Each	\$2.00	\$6.00	\$4.25					
Pumpkins: pie	Each	\$3.00	\$4.00	\$3.50					

See more vegetables, meat, and eggs on page 2

Radishes	Bunch	\$2.75	\$4.00	\$3.29	Radishes	Bunch	\$3.25	\$3.50	\$3.38
Scallions	Bunch	\$3.00	\$4.00	\$3.67	Scallions	Bunch	\$2.50	\$2.50	\$2.50
Shallots	Pound	\$2.00	\$2.00	\$2.00					
Summer Squash	Pound	\$2.00	\$4.00	\$2.75	Summer Squash	Pound	\$3.00	\$3.50	\$3.25
Winter Squash: acorn, butternut, delicata	Pound	\$1.75	\$2.50	\$2.08					
Winter Squash: other	Pound	\$2.00	\$3.00	\$2.50					
Tomatillos	Pound	\$3.85	\$8.00	\$5.28	Tomatillos	Pound	\$4.00	\$4.00	\$4.00
Tomatoes: Cherry/pear/grape	Pint	\$3.00	\$6.00	\$4.31	Tomatoes: Cherry/pear/grape	Pint	\$5.00	\$6.00	\$5.50
Tomatoes: Heirloom	Pound	\$4.00	\$5.00	\$4.40	Tomatoes: Heirloom	Pound	\$4.00	\$5.00	\$4.25
Tomatoes: Slicers	Pound	\$3.00	\$6.00	\$4.25	Tomatoes: Slicers	Pound	\$4.00	\$5.00	\$4.50
Tomatoes: Slicers	Each	\$1.00	\$1.25	\$1.13	Tomatoes: Slicers	Each	\$2.00	\$2.50	\$2.17
Winter Squash	Pound	\$1.75	\$3.00	\$2.42	Winter Squash	Pound	\$4.00	\$4.00	\$4.00
Zucchini/Summer Squash	Pound	\$1.75	\$3.00	\$2.30	Zucchini/Summer Squash	Pound	\$3.00	\$4.50	\$3.75

Meat & eggs									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Beef: Brisket	Pound	\$7.49	\$10.00	\$8.87					
Beef: Chuck Roast	Pound	\$8.49	\$9.00	\$8.79					
Beef: Flank	Pound	\$10.49	\$14.29	\$12.26					
Beef: Ground	Pound	\$6.00	\$8.00	\$7.21					
Beef: Organ Meat	Pound	\$4.00	\$4.50	\$4.13					
Beef: Ribeye	Pound	\$13.49	\$21.00	\$18.00					
Beef: Round Roast	Pound	\$8.89	\$10.00	\$9.45					
Beef: Shanks	Pound	\$3.00	\$6.50	\$5.33					
Beef: Short Ribs	Pound	\$6.99	\$9.00	\$7.87					
Beef: Sirloin	Pound	\$10.00	\$16.49	\$12.30					
Beef: Skirt Steak	Pound	\$8.49	\$14.29	\$11.59					
Beef: Stew	Pound	\$7.00	\$10.00	\$8.00					
Beef: Strip Steak	Pound	\$13.49	\$22.00	\$18.08					
Beef: T-Bone	Pound	\$16.00	\$18.99	\$17.50					
Beef: Tenderloin	Pound	\$16.49	\$27.00	\$21.50					
Chicken: Boneless Breast	Pound	\$15.00	\$15.00	\$15.00	Chicken: Boneless Breast	Pound	\$13.95	\$13.95	\$13.95
Chicken: Whole	Pound	\$3.99	\$6.50	\$5.25	Chicken: Whole	Pound	\$6.50	\$6.95	\$6.73
Chicken: Legs	Pound	\$4.00	\$10.00	\$7.00	Chicken: Legs	Pound	\$8.50	\$8.50	\$8.50
Chicken: Wings	Pound	\$12.00	\$12.00	\$12.00	Chicken: Wings	Pound	\$8.50	\$8.50	\$8.50
Eggs: Chicken	Per Dozen	\$4.50	\$6.25	\$5.13	Eggs: Chicken	Per Dozen	\$5.00	\$7.75	\$7.05
Eggs: Duck	Per Dozen	\$6.00	\$6.00	\$6.00					
					Goat	Pound	\$15.00	\$15.00	\$15.00
Lamb: Chops	Pound	\$18.00	\$18.00	\$18.00	Lamb: Chops	Pound	\$24.95	\$24.95	\$24.95
					Lamb: Ground	Pound	\$15.00	\$16.95	\$15.98
					Lamb: Rack	Pound	\$25.95	\$25.95	\$25.95
Lamb: Shanks	Pound	\$11.00	\$11.00	\$11.00	Lamb: Shanks	Pound	\$14.95	\$14.95	\$14.95
Pork: Chops	Pound	\$5.00	\$10.00	\$8.00					
Pork: Ground	Pound	\$9.00	\$9.00	\$9.00					
Pork: Hams	Pound	\$7.00	\$8.25	\$7.63					
Pork: Shoulder Roast	Pound	\$6.00	\$13.00	\$9.50					
Pork: Tenderloin	Pound	\$9.00	\$14.00	\$11.50					
Rabbit	Pound	\$9.50	\$12.99	\$11.25					
Sausage	Pound	\$8.95	\$12.50	\$10.11					
Bacon	Pound	\$9.00	\$13.00	\$10.93					

Source: VT Agency of Ag & the USDA Agricultural Marketing Service  
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[agriculture.vermont.gov/development/local-food-data-tracking/farmers-market-price-reporting](http://agriculture.vermont.gov/development/local-food-data-tracking/farmers-market-price-reporting)  
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