

# VT Weekly Farmers Market Report

**Week of October 1st, 2023**

All reported products are local to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

**# of Markets Reporting: 8**

**Seasonality/Weather:** pie pumpkins, cooler weather, lots of fall events at markets

**Other Comments:** Last weeks of season, some markets' vendor total down

Fruits & Vegetables										
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average	
Beans: Fresh	Pound	\$4.00	\$7.00	\$5.08	Beans: Fresh	Pound	\$6.00	\$10.00	\$8.00	\$8.00
Beets	Bunch	\$3.00	\$4.00	\$3.40	Beets	Bunch	\$3.50	\$4.00	\$3.75	
					Berries: Raspberries	Pint	\$6.00	\$6.00	\$6.00	
					Berries: Strawberries	Pint	\$6.00	\$6.00	\$6.00	
Berries: Blueberries	Pint	\$6.00	\$6.00	\$6.00						
Broccoli	Pound	\$4.00	\$4.00	\$4.00						
Brussels Sprouts	Pound	\$6.00	\$6.00	\$6.00						
Cabbage	Each	\$2.50	\$6.00	\$3.96						
Carrots	Pound	\$2.33	\$6.00	\$3.57	Carrots	Pound	\$3.50	\$4.50	\$4.00	
Carrots	Bunch	\$2.50	\$5.00	\$3.30	Carrots	Bunch	\$4.00	\$4.00	\$4.00	
Cauliflower	Each	\$6.00	\$6.00	\$6.00						
Celery	Bunch	\$4.00	\$4.50	\$4.25	Celery	Bunch	\$3.00	\$3.00	\$3.00	
Chard	Bunch	\$3.00	\$4.00	\$3.25	Chard	Bunch	\$3.00	\$3.25	\$3.13	
Collard Greens	Bunch	\$3.00	\$4.00	\$3.67						
Corn	Each	\$1.00	\$1.25	\$1.08	Corn	Each	\$1.00	\$1.00	\$1.00	
Cucumbers	Each	\$1.00	\$1.50	\$1.19	Cucumbers	Each	\$2.00	\$2.00	\$2.00	
Cucumbers	Pound	\$2.50	\$4.00	\$3.25						
Eggplant	Pound	\$3.00	\$5.00	\$4.13	Eggplant	Pound	\$4.00	\$5.00	\$4.50	
Garlic	Each	\$1.00	\$3.00	\$2.00	Garlic	Each	\$2.00	\$3.00	\$2.50	
Garlic	Pound	\$10.00	\$15.00	\$12.60						
Garlic: Scapes	Bunch	\$3.00	\$3.00	\$3.00						
Greens: Arugula	Pound	\$8.00	\$10.00	\$9.00	Greens: Arugula	Pound	\$14.60	\$14.60	\$14.60	
Greens: Lettuce, baby leaf	Pound	\$10.00	\$13.00	\$10.90	Greens: Lettuce, baby leaf	Pound	\$10.60	\$14.60	\$12.40	
Greens: Lettuce, head	Each	\$3.00	\$4.00	\$3.50	Greens: Lettuce, head	Each	\$3.25	\$3.25	\$3.25	
Greens: Microgreens	Pound	\$7.00	\$12.00	\$9.50	Greens: Microgreens	Pound	\$48.00	\$48.00	\$48.00	
Greens: Specialty/Mixed	Pound	\$8.00	\$8.00	\$8.00	Greens: Specialty/Mixed	Pound	\$14.60	\$14.60	\$14.60	
Greens: Spinach	Pound	\$10.00	\$10.00	\$10.00						
Herbs	Bunch	\$2.00	\$4.00	\$2.93	Herbs	Bunch	\$3.00	\$3.50	\$3.25	
Kale	Bunch	\$3.00	\$4.00	\$3.36	Kale	Bunch	\$3.00	\$4.00	\$3.56	
Leeks	Bunch	\$6.00	\$6.00	\$6.00						
Melons	Pound	\$1.50	\$1.50	\$1.50						
Melons: Watermelon	Each	\$5.00	\$6.00	\$5.50						
Melons: Watermelon	Pound	\$1.00	\$1.00	\$1.00						
Onions	Bunch	\$3.00	\$3.00	\$3.00	Onions	Bunch	\$4.00	\$4.00	\$4.00	
Onions	Pound	\$2.00	\$4.00	\$2.93	Onions	Pound	\$3.00	\$4.00	\$3.50	
Parsnips	Bunch	\$5.00	\$5.00	\$5.00						
Peppers: hot	Pound	\$0.50	\$12.00	\$6.00						
Peppers: Sweet	Pound	\$1.50	\$9.99	\$4.68						
Potatoes: fingerlings	Pound	\$2.50	\$2.50	\$2.50						
Potatoes: red, white, gold, russet	Pound	\$2.50	\$6.00	\$3.50	Potatoes: red, white, gold, russet	Pound	\$2.50	\$3.00	\$2.75	
Pumpkins	Each	\$4.00	\$8.00	\$5.67	Pumpkins	Each	\$5.00	\$5.00	\$5.00	
Pumpkins: pie	Each	\$3.00	\$5.00	\$3.67	Pumpkins: pie	Each	\$3.00	\$3.00	\$3.00	
Radishes	Bunch	\$2.75	\$4.00	\$3.25	Radishes	Bunch	\$3.25	\$3.50	\$3.38	
Scallions	Bunch	\$3.00	\$4.00	\$3.50	Scallions	Bunch	\$2.50	\$2.50	\$2.50	
Summer Squash	Pound	\$3.00	\$4.00	\$3.67						
Winter Squash: acorn, butternut, delicata	Pound	\$1.50	\$4.00	\$2.19	Winter Squash: acorn, butternut, delicata	Pound	\$2.00	\$4.00	\$3.00	

**See more vegetables, meat, and eggs on page 2**

Winter Squash: other	Pound	\$1.50	\$1.75	\$1.63					
Tomatillos	Pound	\$3.35	\$6.00	\$4.45	Tomatillos	Pound	\$4.00	\$4.00	\$4.00
Tomatoes: Cherry/pear/grape	Pint	\$3.00	\$5.00	\$4.21	Tomatoes: Cherry/pear/grape	Pint	\$5.00	\$6.00	\$5.60
Tomatoes: Heirloom	Pound	\$4.00	\$4.00	\$4.00	Tomatoes: Heirloom	Pound	\$4.00	\$5.00	\$4.33
Tomatoes: Heirloom	Pint	\$3.00	\$3.00	\$3.00					
Tomatoes: Slicers	Pound	\$3.00	\$6.00	\$4.67	Tomatoes: Slicers	Pound	\$5.00	\$5.00	\$5.00
Tomatoes: Slicers	Each	\$2.00	\$2.00	\$2.00	Tomatoes: Slicers	Each	\$2.00	\$2.00	\$2.00
Turnips	Pound	\$3.00	\$3.00	\$3.00					
Winter Squash	Pound	\$1.50	\$4.00	\$2.25	Winter Squash	Pound	\$2.00	\$4.00	\$3.00
Zucchini/Summer Squash	Pound	\$2.25	\$3.00	\$2.56					

Meat & eggs									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Beef: Brisket	Pound	\$7.49	\$14.00	\$10.25					
Beef: Chuck Roast	Pound	\$8.49	\$9.00	\$8.79					
Beef: Flank	Pound	\$10.49	\$10.49	\$10.49					
Beef: Ground	Pound	\$6.00	\$10.00	\$7.57					
Beef: Organ Meat	Pound	\$4.00	\$4.50	\$4.13					
Beef: Ribeye	Pound	\$13.49	\$18.00	\$15.83					
Beef: Round Roast	Pound	\$8.89	\$12.00	\$10.30					
Beef: Shanks	Pound	\$3.00	\$6.50	\$5.33					
Beef: Short Ribs	Pound	\$6.99	\$10.00	\$8.30					
Beef: Sirloin	Pound	\$10.00	\$20.00	\$13.58					
Beef: Skirt Steak	Pound	\$8.49	\$8.49	\$8.49					
Beef: Stew	Pound	\$7.00	\$10.00	\$8.40					
Beef: Strip Steak	Pound	\$13.49	\$22.00	\$17.83					
Beef: Tenderloin	Pound	\$16.49	\$27.00	\$21.75					
Chicken: Boneless Breast	Pound	\$15.00	\$15.00	\$15.00	Chicken: Boneless Breast	Pound	\$13.95	\$13.95	\$13.95
Chicken: Whole	Pound	\$3.99	\$5.00	\$4.68	Chicken: Whole	Pound	\$6.95	\$6.95	\$6.95
Chicken: Legs	Pound	\$4.00	\$10.00	\$7.00	Chicken: Legs	Pound	\$8.50	\$8.50	\$8.50
Chicken: Wings	Pound	\$12.00	\$12.00	\$12.00	Chicken: Wings	Pound	\$8.50	\$8.50	\$8.50
Eggs: Chicken	Per Dozen	\$5.00	\$7.00	\$5.65	Eggs: Chicken	Per Dozen	\$5.00	\$7.75	\$6.88
					Goat	Pound	\$16.00	\$16.00	\$16.00
Lamb: Chops	Pound	\$17.00	\$18.00	\$17.50	Lamb: Chops	Pound	\$16.00	\$18.95	\$17.48
Lamb: Ground	Pound	\$12.00	\$12.00	\$12.00					
Lamb: Kebobs	Pound	\$17.00	\$17.00	\$17.00					
Lamb: Leg of	Pound	\$12.00	\$12.00	\$12.00					
					Lamb: Rack	Pound	\$25.95	\$25.95	\$25.95
Lamb: Roast	Pound	\$10.00	\$10.00	\$10.00					
Lamb: Shanks	Pound	\$15.00	\$15.00	\$15.00	Lamb: Shanks	Pound	\$16.00	\$16.00	\$16.00
Pork: Baby Back Ribs	Pound	\$8.00	\$8.00	\$8.00					
Pork: Chops	Pound	\$5.00	\$10.00	\$8.25					
Pork: Ground	Pound	\$8.00	\$9.00	\$8.50					
Pork: Hams	Pound	\$7.00	\$7.00	\$7.00					
Pork: Shoulder Roast	Pound	\$6.00	\$13.00	\$8.93					
Pork: Tenderloin	Pound	\$9.00	\$16.00	\$13.00					
Rabbit	Pound	\$12.99	\$12.99	\$12.99					
Sausage	Pound	\$8.50	\$12.50	\$10.00					
Bacon	Pound	\$9.00	\$13.00	\$11.33					

Source: VT Agency of Ag & the USDA Agricultural Marketing Service  
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