

**Market Report for week ending Sunday, 8/7/2022.**

Data from Vermont Farmers Markets are included in this report. All reported products are "local" to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

**Vermont Monthly Summer Farmers Market Report**

	Not Certified Organic			Certified Organic		
Produce and Protein Products	Low	High	Average	Low	High	Average
<b>Produce</b>						
Beans: Fresh - Pound	\$3.50	\$6.00	\$4.75	\$5.00	\$6.00	\$5.50
Berries: Blueberries - Pint	\$5.00	\$6.00	\$5.50			
Cabbage - Head	\$3.00	\$5.00	\$4.00			
Carrots - Bunch	\$3.00	\$3.00	\$3.00	\$3.00	\$3.00	\$3.00
Chard - Bunch	\$3.00	\$3.00	\$3.00			
Corn - Each	\$0.60	\$1.00	\$0.80			
Cucumbers - Each	\$1.00	\$1.00	\$1.00	\$1.00	\$2.00	\$1.38
Eggplant - Pound				\$3.50	\$5.00	\$4.17
Greens: Lettuce, baby leaf - Pound				\$8.00	\$13.33	\$10.67
Greens: Lettuce, head - Each	\$2.00	\$3.50	\$2.88	\$3.00	\$3.00	\$3.00
Herbs - Bunch				\$2.00	\$3.00	\$2.50
Kale - Bunch				\$2.50	\$3.00	\$2.75
Kohlrabi - Each				\$1.50	\$3.00	\$2.25
Peas: Fresh Eating - Pound	\$5.00	\$7.00	\$6.00			
Peppers: hot - Each	\$0.50	\$0.50	\$0.50			
Peppers: Sweet - Each	\$1.00	\$2.50	\$1.67			
Potatoes: red, white, gold, russet - Pound	\$2.50	\$6.00	\$4.25			
Tomatoes: Cherry/pear/grape - Pint	\$3.00	\$5.00	\$4.00			
Tomatoes: Heirloom - Pound	\$3.00	\$4.00	\$3.63			
Zucchini/Summer Squash - Each	\$1.00	\$2.00	\$1.50			
Zucchini/Summer Squash - Pound	\$2.00	\$2.50	\$2.17			
Garlic - Each				\$2.50	\$2.50	\$2.50
<b>Meat and Poultry</b>						
Bacon - Pound	\$12.00	\$13.00	\$12.50			
Beef: Flank - Pound	\$14.29	\$16.00	\$15.15			
Beef: Ground - Pound	\$7.00	\$9.00	\$7.80			
Beef: Ribeye - Pound	\$9.00	\$19.50	\$15.50			
Beef: Sirloin - Pound	\$10.99	\$15.00	\$13.25			
Beef: Skirt Steak - Pound	\$14.29	\$16.00	\$15.15			
Beef: Strip Steak - Pound	\$17.99	\$26.00	\$20.66			
Beef: T-Bone - Pound	\$18.99	\$20.00	\$19.50			
Beef: Tenderloin - Pound	\$22.50	\$28.00	\$25.25			
Chicken: Whole - Pound	\$3.99	\$4.99	\$4.58			
Eggs: Chicken - Per Doz.	\$4.00	\$5.00	\$4.25			
Eggs: Duck - Per Doz.	\$5.00	\$7.50	\$6.00			
Pork: Baby Back Ribs - Pound	\$7.50	\$8.00	\$7.80			
Pork: Chops - Pound	\$9.00	\$10.67	\$9.92			
Pork: Ground - Pound	\$7.00	\$7.00	\$7.00			
Sausage - Pound	\$9.00	\$10.00	\$9.51			
Lamb: Leg of - Pound	\$15.50	\$19.00	\$17.25			
Lamb: Chops - Pound	\$17.50	\$18.50	\$18.00			

**Markets Reporting:**  
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**Seasonality:**  
Berries, Cabbage, potatoes, peppers, tomatoes. Hot weather crops widely available.

**Weather Conditions:**  
Cloudy weather caused slower traffic in mid-week markets, solid weekend of weather across state.

**Other Comments:**  
Low participation this week with only 4 markets reporting. Some reporting slow traffic at mid-week markets, otherwise busy.