

# VT Weekly Farmers Market Report

Week of August 20th, 2023

All reported products are local to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

# of Markets Reporting: 7

Seasonality/Weather: Mixed across VT

Other Comments: Big increase in SNAP

Fruits & Vegetables									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Beans: Fresh	Pound	\$3.00	\$6.00	\$4.50	Beans: Fresh	Pound	\$5.00	\$8.00	\$6.25
Beets	Bunch	\$3.00	\$4.00	\$3.50	Beets	Bunch	\$3.00	\$4.00	\$3.50
Berries: Blueberries	Pint	\$4.00	\$6.00	\$5.33	Berries: Blueberries	Pint	\$6.00	\$6.00	\$6.00
					Berries: Raspberries	Pint	\$6.00	\$6.00	\$6.00
Broccoli	Pound	\$4.00	\$4.50	\$4.25					
Brussels Sprouts	Pound	\$2.50	\$2.50	\$2.50					
Cabbage	Each	\$3.00	\$6.00	\$4.33					
Carrots	Pound	\$2.50	\$3.00	\$2.75	Carrots	Pound	\$4.50	\$4.50	\$4.50
Carrots	Bunch	\$3.00	\$6.00	\$4.50	Carrots	Bunch	\$3.00	\$3.00	\$3.00
Celery	Bunch	\$6.00	\$6.00	\$6.00					
Chard	Bunch	\$3.00	\$4.00	\$3.36	Chard	Bunch	\$3.00	\$3.25	\$3.13
Corn	Each	\$0.75	\$1.50	\$1.08	Corn	Each	\$1.00	\$1.00	\$1.00
Cucumbers	Each	\$1.00	\$1.50	\$1.16	Cucumbers	Each	\$0.75	\$2.00	\$1.45
Cucumbers	Pound	\$2.25	\$2.50	\$2.38					
Cucumbers: Pickling	Pound	\$2.00	\$2.25	\$2.13					
Eggplant	Pound	\$3.00	\$4.50	\$3.50	Eggplant	Pound	\$3.50	\$5.00	\$4.17
Garlic	Each	\$1.00	\$3.00	\$2.00	Garlic	Each	\$2.00	\$3.00	\$2.63
Garlic	Pound	\$2.00	\$12.00	\$8.00					
Garlic: Scapes	Bunch	\$3.00	\$3.00	\$3.00	Garlic: Scapes	Bunch	\$3.00	\$3.00	\$3.00
Greens: Lettuce, baby leaf	Pound	\$10.00	\$10.00	\$10.00	Greens: Lettuce, baby leaf	Pound	\$10.60	\$14.60	\$12.40
Greens: Lettuce, head	Each	\$3.00	\$4.00	\$3.40	Greens: Lettuce, head	Each	\$3.00	\$3.25	\$3.08
					Greens: Specialty/Mixed	Pound	\$14.60	\$14.60	\$14.60
Greens: Microgreens	Pound	\$12.00	\$12.00	\$12.00					
Herbs	Bunch	\$2.00	\$3.00	\$2.63	Herbs	Bunch	\$2.00	\$4.00	\$3.00
Kale	Bunch	\$3.00	\$4.00	\$3.38	Kale	Bunch	\$3.00	\$4.50	\$3.58
Melons	Each	\$5.00	\$5.00	\$5.00					
Melons	Pound	\$1.50	\$1.50	\$1.50	Melons	Pound	\$1.25	\$1.25	\$1.25
					Onions	Pound	\$3.00	\$3.50	\$3.25
Peas: Shelling	Pound	\$6.00	\$6.00	\$6.00					
Peppers: hot	Pound	\$0.50	\$9.00	\$4.75					
Peppers: Sweet	Pound	\$1.50	\$8.00	\$4.75					
Potatoes: red, white, gold, russet	Pound	\$2.00	\$6.00	\$3.90	Potatoes: red, white, gold, russet	Pound	\$2.50	\$3.00	\$2.67
Radishes	Bunch	\$2.75	\$3.00	\$2.92	Radishes	Bunch	\$3.25	\$3.50	\$3.38
Rhubarb	Bunch	\$3.00	\$4.00	\$3.50					
Scallions	Bunch	\$3.00	\$4.00	\$3.50	Scallions	Bunch	\$2.50	\$3.00	\$2.75
Summer Squash	Pound	\$2.00	\$4.00	\$2.70	Summer Squash	Pound	\$3.00	\$3.50	\$3.25
Winter Squash: acorn, butternut, delicata	Pound	\$2.00	\$2.00	\$2.00					
Winter Squash: other	Pound	\$2.00	\$2.00	\$2.00					
Tomatillos	Pound	\$4.00	\$5.00	\$4.50					
Tomatoes: Cherry/pear/grape	Pint	\$3.00	\$6.00	\$4.60	Tomatoes: Cherry/pear/grape	Pint	\$5.00	\$6.00	\$5.40
Tomatoes: Heirloom	Pound	\$4.00	\$6.00	\$4.50	Tomatoes: Heirloom	Pound	\$4.00	\$5.00	\$4.25
Tomatoes: Slicers	Pound	\$3.00	\$6.00	\$4.29	Tomatoes: Slicers	Pound	\$4.00	\$5.00	\$4.50
Tomatoes: Slicers	Each	\$1.25	\$1.25	\$1.25	Tomatoes: Slicers	Each	\$2.00	\$2.50	\$2.25
Zucchini/Summer Squash	Pound	\$1.75	\$3.00	\$2.32	Zucchini/Summer Squash	Pound	\$3.00	\$4.50	\$3.75

See beef, chicken, lamb, rabbit, duck, pork, and eggs on page 2

Meat & eggs									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Beef: Brisket	Pound	\$7.49	\$12.00	\$9.66					
Beef: Chuck Roast	Pound	\$8.49	\$9.00	\$8.79					
Beef: Flank	Pound	\$10.49	\$14.29	\$12.39					
Beef: Ground	Pound	\$6.00	\$8.00	\$7.33					
Beef: Organ Meat	Pound	\$4.00	\$4.50	\$4.17					
Beef: Ribeye	Pound	\$13.49	\$18.00	\$16.50					
Beef: Round Roast	Pound	\$8.89	\$10.00	\$9.45					
Beef: Shanks	Pound	\$3.00	\$10.00	\$6.50					
Beef: Short Ribs	Pound	\$6.99	\$9.00	\$7.87					
Beef: Sirloin	Pound	\$10.00	\$16.49	\$12.58					
Beef: Skirt Steak	Pound	\$8.49	\$14.29	\$11.59					
Beef: Stew	Pound	\$7.00	\$10.00	\$8.00					
Beef: Strip Steak	Pound	\$12.00	\$22.00	\$16.30					
Beef: T-Bone	Pound	\$16.00	\$16.00	\$16.00					
Beef: Tenderloin	Pound	\$16.00	\$20.00	\$17.50					
Chicken: Boneless Breast	Pound	\$15.00	\$15.00	\$15.00					
Chicken: Whole	Pound	\$3.99	\$6.50	\$5.25	Chicken: Whole	Pound	6.5	6.5	6.5
Chicken: Legs	Pound	\$4.00	\$10.00	\$7.00					
Chicken: Wings	Pound	\$12.00	\$12.00	\$12.00					
Eggs: Chicken	Per Dozen	\$4.50	\$6.25	\$5.17	Eggs: Chicken	Per Dozen	5	7.75	6.83333333
Lamb: Chops	Pound	\$18.00	\$18.00	\$18.00	Lamb: Chops	Pound	\$24.95	\$24.95	\$24.95
					Lamb: Ground	Pound	\$16.95	\$16.95	\$16.95
Lamb: Shanks	Pound	\$11.00	\$11.00	\$11.00	Lamb: Shanks	Pound	\$14.95	\$14.95	\$14.95
					Lamb: Rack	Pound	\$25.95	\$25.95	\$25.95
Pork: Baby Back Ribs	Pound	\$12.00	\$12.00	\$12.00					
Pork: Chops	Pound	\$5.00	\$10.00	\$8.25					
Pork: Ground	Pound	\$7.00	\$9.00	\$8.00					
Pork: Shoulder Roast	Pound	\$7.80	\$13.00	\$10.40					
Pork: Tenderloin	Pound	\$9.00	\$16.00	\$13.50					
Rabbit	Pound	\$9.50	\$12.99	\$10.91					
Sausage	Pound	\$7.50	\$12.50	\$9.50					
Bacon	Pound	\$12.00	\$13.00	\$12.25					