

VT Weekly Farmers Market Report



Week of June 4th, 2023



All reported products are local to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

of Markets Reporting: 4

Seasonality/Weather: Still very cold. Lots of leafy greens, lettuces, and meat/eggs.

Other Comments: Many markets not running yet.

Fruits & Vegetables									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Asparagus	Bunch	\$7.50	\$7.50	\$7.50					
Berries: Strawberries	Pint	\$6.00	\$6.00	\$6.00					
					Chard	Bunch	\$3.00	\$3.00	\$3.00
Cucumbers	Each	\$1.50	\$3.00	\$2.25					
Cucumbers: Pickling	Pound	\$1.00	\$1.00	\$1.00					
Greens: Lettuce, baby leaf	Pound	\$10.00	\$10.00	\$10.00	Greens: Lettuce, baby leaf	Pound	\$10.60	\$10.60	\$10.60
Greens: Lettuce, head	Pound	\$3.00	\$3.00	\$3.00					
Greens: Spinach	Pound	\$8.00	\$10.66	\$9.33					
Herbs	Bunch	\$2.00	\$2.50	\$2.25					
					Kale	Bunch	\$3.00	\$3.00	\$3.00
Radishes	Bunch	\$3.00	\$3.00	\$3.00	Radishes	Bunch	\$2.50	\$2.50	\$2.50
Rhubarb	Bunch	\$3.00	\$5.00	\$4.00	Rhubarb	Bunch	\$3.00	\$3.00	\$3.00
Scallions	Bunch	\$3.00	\$3.00	\$3.00	Scallions	Bunch	\$2.50	\$2.50	\$2.50
Meat, Poultry, & Eggs									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Bacon	Pound	\$9.50	\$9.50	\$9.50					
Beef: Brisket	Pound	\$8.89	\$10.00	\$9.45					
Beef: Delmonico	Pound	\$14.29	\$14.29	\$14.29					
Beef: Flank	Pound	\$7.00	\$7.50	\$7.25					
Beef: Ground	Pound	\$4.00	\$4.00	\$4.00					
Beef: Organ Meat	Pound	\$14.00	\$14.00	\$14.00					
Beef: Ribeye	Pound	\$9.29	\$9.29	\$9.29					
Beef: Shanks	Pound	\$6.99	\$7.00	\$7.00					
Beef: Short Ribs	Pound	\$10.99	\$12.00	\$11.50					
Beef: Sirloin	Pound	\$17.99	\$17.99	\$17.99					
Beef: Skirt Steak	Pound	\$7.00	\$7.00	\$7.00					
Beef: Stew	Pound	\$14.29	\$14.29	\$14.29					
Beef: Strip Steak	Pound	\$16.00	\$18.99	\$17.50					
Beef: T-Bone	Pound	\$22.50	\$22.50	\$22.50					
Chicken: Wings	Pound	\$4.00	\$4.00	\$4.00					
Eggs: Chicken	Per Dozen	\$6.00	\$6.00	\$6.00	Eggs: Chicken	Per Dozen	\$7.00	\$7.00	\$7.00
					Eggs: Duck	Per Dozen	\$10.00	\$10.00	\$10.00
					Lamb: Chops	Pound	\$24.95	\$24.95	\$24.95
					Lamb: Ground	Pound	\$16.95	\$16.95	\$16.95
					Lamb: Leg of	Pound	\$16.95	\$16.95	\$16.95
					Lamb: Rack	Pound	\$25.95	\$25.95	\$25.95
Pork: Ground	Pound	\$7.50	\$7.50	\$7.50					
Rabbit	Pound	\$8.00	\$10.00	\$9.00					
Duck: Leg	Pound	\$10.00	\$10.00	\$10.00					