

VT Weekly Farmers Market Report



Week of June 25th, 2023



All reported products are local to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

of Markets Reporting: 6

Seasonality/Weather: Better weather, less rain, starting to see tomatoes/summer squash

Other Comments: More produce/meat vendors beginning to appear at markets

Fruits & Vegetables									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Asparagus	Bunch	\$8.00	\$8.00	\$8.00	Asparagus	Bunch	\$6.00	\$6.00	\$6.00
Beets	Bunch	\$3.00	\$3.00	\$3.00					
Berries: Strawberries	Pint	\$4.50	\$6.00	\$5.25	Berries: Strawberries	Pint	\$6.00	\$6.50	\$6.25
					Cabbage	Each	\$5.00	\$5.00	\$5.00
Carrots	Bunch	\$3.00	\$5.00	\$4.00					
Chard	Bunch	\$3.00	\$5.00	\$4.00	Chard	Bunch	\$3.00	\$4.00	\$3.42
Cucumbers	Each	\$1.00	\$1.00	\$1.00	Cucumbers	Each	\$2.00	\$2.00	\$2.00
Cucumbers	Pound	\$6.00	\$6.00	\$6.00					
					Garlic	Each	\$3.00	\$3.00	\$3.00
Garlic: Scapes	Bunch	\$2.00	\$3.00	\$2.50	Garlic: Scapes	Bunch	\$2.00	\$3.00	\$2.67
Greens: Arugula	Pound	\$10.67	\$10.67	\$10.67					
Greens: Lettuce, baby leaf	Pound	\$5.00	\$10.00	\$7.67	Greens: Lettuce, baby leaf	Pound	\$10.60	\$14.60	\$12.40
Greens: Lettuce, head	Pound	\$2.50	\$3.00	\$2.75	Greens: Lettuce, head	Pound	\$3.00	\$3.25	\$3.13
Greens: Microgreens	Pound	\$5.00	\$5.00	\$5.00					
Greens: Specialty/Mixed	Pound	\$5.00	\$10.00	\$7.67					
Greens: Spinach	Pound	\$8.00	\$10.67	\$9.34	Greens: Spinach	Pound	\$10.60	\$12.00	\$11.30
Herbs	Bunch	\$2.00	\$3.00	\$2.50	Herbs	Bunch	\$2.00	\$3.75	\$3.08
Kale	Bunch	\$3.00	\$3.00	\$3.00	Kale	Bunch	\$3.00	\$4.50	\$3.69
Peas: Fresh Eating	Pound	\$8.00	\$8.00	\$8.00	Peas: Fresh Eating	Pound	\$8.00	\$8.00	\$8.00
Radishes	Bunch	\$3.00	\$4.00	\$3.50	Radishes	Bunch	\$3.00	\$3.00	\$3.00
Rhubarb	Bunch	\$3.00	\$5.00	\$4.00	Rhubarb	Bunch	\$3.50	\$3.50	\$3.50
Scallions	Bunch	\$3.00	\$4.00	\$3.20	Scallions	Bunch	\$3.00	\$3.00	\$3.00
Summer Squash	Pound	\$2.50	\$2.50	\$2.50					
Tomatoes: Slicers	Pound	\$4.00	\$4.00	\$4.00					
					Tomatoes: Slicers	Each	\$2.00	\$2.00	\$2.00

Meat, Poultry & Eggs									
Conventional	Unit	Low	High	Average	Certified Organic	Unit	Low	High	Average
Beef: Brisket	Pound	\$8.50	\$12.00	\$9.75					
Beef: Chuck Roast	Pound	\$8.89	\$8.89	\$8.89					
Beef: Delmonico	Pound	\$15.00	\$15.00	\$15.00					
Beef: Flank	Pound	\$14.29	\$14.29	\$14.29					
Beef: Ground	Pound	\$6.00	\$8.00	\$7.14					
Beef: Organ Meat	Pound	\$4.00	\$4.00	\$4.00					
Beef: Ribeye	Pound	\$12.00	\$19.50	\$16.30					
Beef: Round Roast	Pound	\$8.89	\$8.89	\$8.89					
Beef: Shanks	Pound	\$10.00	\$10.00	\$10.00					
Beef: Short Ribs	Pound	\$6.99	\$8.00	\$7.50					
Beef: Sirloin	Pound	\$9.29	\$14.00	\$12.26					
Beef: Skirt Steak	Pound	\$12.00	\$14.29	\$13.15					
Beef: Stew	Pound	\$7.00	\$9.00	\$8.00					
Beef: Strip Steak	Pound	\$12.00	\$18.00	\$16.00					
Beef: T-Bone	Pound	\$16.00	\$18.99	\$17.25					
Beef: Tenderloin	Pound	\$16.00	\$22.50	\$19.88					

See chicken, lamb, rabbit, duck, pork, and eggs on page 2

Chicken: Whole	Pound	\$3.99	\$5.49	\$4.74					
Eggs: Chicken	Per Dozen	\$5.00	\$5.00	\$5.00	Eggs: Chicken	Per Dozen	\$5.00	\$7.00	\$6.17
Eggs: Duck	Per Dozen	\$10.00	\$10.00	\$10.00					
Lamb: Chops	Pound	\$18.00	\$18.00	\$18.00	Lamb: Chops	Pound	\$24.95	\$24.95	\$24.95
Lamb: Ground	Pound	\$13.00	\$13.00	\$13.00	Lamb: Ground	Pound	\$16.95	\$16.95	\$16.95
Lamb: Leg of	Pound	\$12.00	\$12.00	\$12.00	Lamb: Leg of	Pound	\$16.95	\$16.95	\$16.95
					Lamb: Rack	Pound	\$25.95	\$25.95	\$25.95
Lamb: Shanks	Pound	\$11.00	\$11.00	\$11.00	Lamb: Shanks	Pound	\$14.95	\$14.95	\$14.95
Pork: Baby Back Ribs	Pound	\$12.00	\$12.00	\$12.00					
Pork: Chops	Pound	\$8.00	\$14.00	\$10.00					
Pork: Ground	Pound	\$7.00	\$7.00	\$7.00					
Pork: Shoulder Roast	Pound	\$13.00	\$13.00	\$13.00					
Pork: Tenderloin	Pound	\$14.00	\$16.00	\$15.00					
Rabbit	Pound	\$12.99	\$12.99	\$12.99					
Sausage	Pound	\$7.50	\$10.00	\$8.50					
Bacon	Pound	\$9.50	\$13.00	\$11.42					
Chicken: Whole	Pound	\$3.99	\$5.49	\$4.74					
Eggs: Chicken	Per Dozen	\$5.00	\$5.00	\$5.00	Eggs: Chicken	Per Dozen	\$5.00	\$7.00	\$6.17