

**Market Report for March 2023.**

Data from Vermont Farmers Markets are included in this report. All reported products are "local" to Vermont and originally sourced within the state plus 30 miles outside the border. All participating Farmers Markets are compliant with current state regulations.

**Vermont Monthly Winter Farmers Market Report**

Produce and Protein Products	Not Certified Organic			Certified Organic		
	Low	High	Average	Low	High	Average
<b>Produce</b>						
Beets - Pound				\$4.00	\$4.00	\$4.00
Cabbage - Pound				\$3.00	\$3.00	\$3.00
Carrots - Pound				\$3.50	\$3.50	\$3.50
Garlic - Pound				\$15.00	\$18.00	\$16.50
Greens: Microgreens - Pound				\$48.00	\$48.00	\$48.00
Greens: Spinach - Pound				\$15.00	\$15.00	\$15.00
Kale - Bunch				\$4.00	\$4.00	\$4.00
Mushrooms - Pound	\$20.00	\$20.00	\$20.00			
Onions - Pound	\$3.50	\$3.50	\$3.50	\$3.25	\$3.25	\$3.25
Potatoes: red, white, gold, russet - Pound				\$2.99	\$3.00	\$3.00
Turnips - Pound				\$2.00	\$2.00	\$2.00
Radishes - Pound	\$3.50	\$4.50	\$4.00	\$3.00	\$3.00	\$3.00
Garlic - Each	\$2.00	\$2.00	\$2.00			
Shallots - Pound				\$8.00	\$8.00	\$8.00
Potatoes: sweet - Pound				\$4.00	\$4.00	\$4.00
Parsnips - Pound				\$4.00	\$4.00	\$4.00
Celeriac - Pound	\$5.00	\$5.00	\$5.00	\$4.00	\$4.00	\$4.00
Apples: Other Variety - 1/4 Peck	\$5.00	\$5.00	\$5.00			
Rutabaga - Pound				\$2.00	\$2.00	\$2.00
Apples: Macintosh - 1/4 Peck	\$5.00	\$5.00	\$5.00			
<b>Meat and Poultry</b>						
Bacon - Pound	\$18.99	\$18.99	\$18.99			
Beef: Brisket - Pound	\$10.99	\$10.99	\$10.99			
Beef: Flank - Pound	\$19.99	\$19.99	\$19.99			
Beef: Ground - Pound	\$7.99	\$7.99	\$7.99			
Beef: Strip Steak - Pound	\$16.99	\$16.99	\$16.99			
Beef: T-Bone - Pound	\$17.99	\$17.99	\$17.99			
Chicken: Whole - Pound	\$5.25	\$7.00	\$6.13	\$5.95	\$5.95	\$5.95
Eggs: Chicken - Per Doz.	\$5.00	\$6.00	\$5.75	\$7.00	\$7.00	\$7.00
Eggs: Duck - Per Doz.	\$7.00	\$7.00	\$7.00			
Goat - Pound	\$19.99	\$19.99	\$19.99			
Pork: Chops - Pound	\$13.99	\$13.99	\$13.99			
Pork: Ground - Pound	\$6.99	\$6.99	\$6.99			
Pork: Tenderloin - Pound	\$16.99	\$16.99	\$16.99			
Rabbit - Pound	\$10.99	\$10.99	\$10.99			
Sausage - Pound	\$10.99	\$10.99	\$10.99			
Lamb: Ground - Pound	\$12.99	\$13.00	\$13.00			
Lamb: Leg of - Pound	\$12.99	\$14.00	\$13.50			
Lamb: Rack - Pound	\$22.00	\$22.00	\$22.00			
Lamb: Chops - Pound	\$19.50	\$22.00	\$20.75			
Chicken: Boneless Breast - Pound	\$10.00	\$10.00	\$10.00			
Chicken: Wings - Pound	\$5.25	\$5.25	\$5.25			
Lamb: Kebobs - Pound	\$13.00	\$13.00	\$13.00			
Lamb: Roast - Pound	\$13.00	\$13.00	\$13.00			
Lamb: Shanks - Pound	\$12.99	\$12.99	\$12.99			
Duck: Whole - Pound	\$7.00	\$7.00	\$7.00			
Chicken: Legs - Pound	\$7.00	\$8.00	\$7.50			
Duck: Breast, boneless - Pound	\$20.00	\$20.00	\$20.00			
Duck: Leg - Pound	\$14.00	\$14.00	\$14.00			

**Markets Reporting:**

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**Seasonality:**

Sweet potatoes, turnips, potatoes, apples

**Weather Conditions:**

Late season snow, getting warmer near the end of March.

**Other Comments:**

One market reporting. Egg demand remains high, lots of meat vendors



Source: VT Agency of Ag - USDA, New Holland-Lancaster County, PA  
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